**$300 Hong Kong Dollar Ingredients**

* Chicken Chops (Large) 6 Pieces – Enough for 24 days
  + Brought from market
  + One Large piece can be cut into 4 quarters. (That means a total of 24 small pieces).
  + Price: $66
* Eggs 2 Packets – Enough for 30 days
  + Brought from market
  + One packet of eggs (15 eggs), that means a total of 30 eggs.
  + Price: $43 ($22 per packet minus $1 for returning the box)
* Rice (禾味珍珠米 5KG) 5kg – Can last for 30 days
  + Brought from supermarket
  + Price $58
* Noodle (Any brand or Type) - Enough for 20 days
  + Brought from supermarket
  + Price $50
* Two Loaf of Bread - Garden生命麵包 Brand (14 Slice for each, a total of 28 Slice) – Enough for 14 days.
  + Brought from Supermarket
  + Price $27.8
* Potato (15 potato) – Enough for 30 days
  + Brought from Market
  + Mostly you will not consume a whole, cut into half, you will get a total of 30
  + 15 potato costs $30
* Fermented bean curd (腐乳) or mix with soya source – Last for 26 days (if not enough, use salt instead)
  + Brought from Market
  + $15 for a small bottle bean curd
  + $10 for a bottle soya source.
  + Or just a large bottle of bean curd $25.

**Total Price: $299.9**

*Updated: 18th June 2024 price subject to change*